

FALL FOR FLAVOR WITH WONDR

**There's no better
time than fall to
be the healthiest
version of YOU.**

Healthy County is offering Wondr™, a digital weight-loss program available **at no cost to you.*** Wondr isn't a diet or a fad. You'll learn science-based skills so you can enjoy your favorite fall foods and activities while you stress less, sleep better, and have more energy.



Learn more at
wondrhealth.com/healthycounty